



Phase I Weekend Intensive “Getting Started Workshop” December 10, 11, 12, 2015 Bellevue, Washington

The "Getting Started Workshop" is a 3-day intensive educational course for people struggling with an addiction to pornography and other compulsive sexual behaviors and for their partners. This exciting course provides participants with a better understanding of sexual addiction issues and educates both partners and addicts on how to begin the journey toward peace, hope, and healing. We strongly recommend that married couples begin this process of education together; however, the workshop is also geared for single adults and for individuals whose partners are unable to attend.

Weekend Schedule

Check in will begin at 6:15 pm on Thursday, December 10, 2015. We will meet from 6:30-9:00 pm on Thursday. Our daily schedule will go as follows for the rest of the weekend: We will begin at 9 am and break for lunch around noon. We will have an afternoon session that will last approximately 4 hours. We will also plan in time to complete workbooks and therapeutic assignments. We will conclude around 4 pm Saturday December 12th. We will provide a light breakfast as well as lunch Friday and Saturday. Please inform us of any dietary or other special accommodations you may need.

Location and Accommodations

The setting is confidential and safe, at the LifeSTAR offices in Bellevue, Washington.

- Location Address: 1611 116th Ave. NE, Bellevue, Washington, 98004
- If you desire, you may stay at a local hotel within minutes of our offices.
 - o Marriott Residence Inn – 605 114th Ave. SE, Bellevue, WA 98004 (425) 637-8500
 - o Hilton Bellevue – 300 112th Ave. SE, Bellevue, WA 98004 (425) 455-1300
 - o Red Lion Hotel - 11211 Main St, Bellevue, WA 98004 (425) 455-5240

\$600 Per Individual

- Price includes 18 hours of education and therapeutic group meetings, education materials and meals.

Call 253-880-5651 to register