

Phase I Weekend Intensive

“Getting Started Workshop”

October 26, 27, 28

Bellevue, Washington

The "Getting Started Workshop" is a 3-day intensive course for people struggling with an addiction to pornography and other compulsive sexual behaviors and for their partners. This exciting course provides participants with a better understanding of sexual addiction issues and educates both partners and addicts on how to begin the journey toward peace, hope, and healing. We strongly recommend that married couples begin this process of education together; however, the workshop is also geared for single adults and for individuals whose partners are unable to attend.

Weekend Schedule

Check in will begin at 6:15 pm on Thursday, October 26. Our daily schedule will go as follows for the rest of the weekend: We will begin at 9 am and break for lunch around noon. We will have an afternoon session that will last approximately 3 hours. We will also plan in time to complete workbooks and therapeutic assignments. We will conclude around 5 pm Saturday October 28.

Location and Accommodations

The setting is confidential and safe, at the LifeSTAR offices in Bellevue, Washington.

Location Address: 1611 116th Ave NE, Suite 226, Bellevue, Washington, 98004

If you desire, you may stay at a local hotel within minutes of our offices.

- o Extended Stay America- 11400 Main St., Bellevue WA 98004 · (425) 453-8186
- o Red Lion- 11211 Main St., Bellevue, WA 98004 · (425) 455-5240
- o Residence Inn Marriott- 605 114th Ave. SE, Bellevue, WA 98004 · (425) 637-8500

\$600 Per Individual

Price includes 18 hours of education and therapeutic group meetings, education materials (4 workbooks and three booklets) and meals.

Call 253-880-5651 to register